

Genetic counseling aims to educate individuals about the impact of genetics on their health and assist them in making decisions aligned with their values.

Who We Are

Modern Reproduction's mission is to facilitate the discussion on the current technologies and genetic testing options available prior and during pregnancy by educating, empowering, and embracing modern reproduction. This handout does not serve as medical advice. Please refer to Modern Reproduction's Disclaimer and Terms and Service on their website.

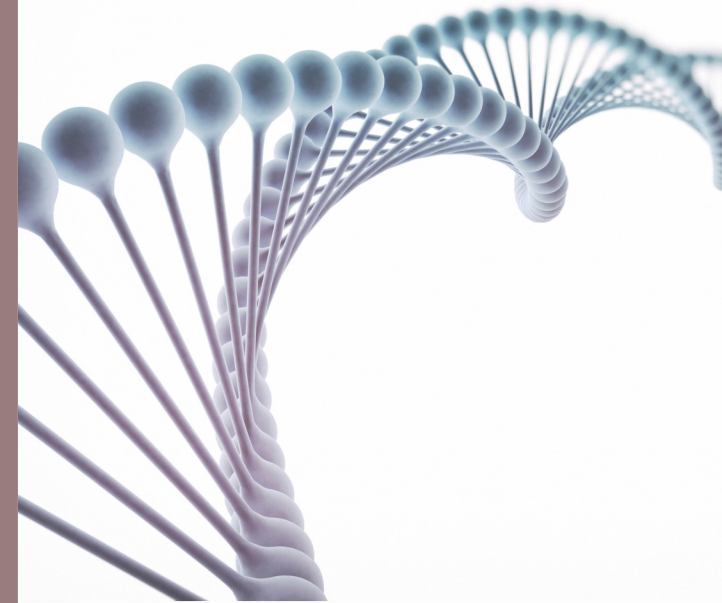
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WHAT TO EXPECT FROM

Genetic Counseling

MODERN REPRODUCTION

What is Genetic Counseling?

Genetic counseling is a conversation with a healthcare professional, often a genetic counselor, to explore how genetic information and family history can affect one's health. It helps individuals understand their chances of having a child with a genetic condition or developing certain diseases based on their genetic makeup. Genetic testing through blood or saliva samples can provide this information, and a genetic counselor can interpret the results and provide guidance for future steps.

Interested in Genetic Counseling?

contact

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Genetic Counseling Specialties

There are different specialties of genetic counseling including: prenatal/reproductive, oncology/cancer, cardiology, neurology, pediatric, and more. Depending on someone's needs, this will dictate which specialist they may need to see.

Reproductive Genetic Counseling

Reproductive genetic counseling focuses on the chance to have a child with a genetic condition such as Down syndrome or spinal muscular atrophy. People see reproductive genetic counselors before and/or during pregnancy. Topics such as carrier screening, in-vitro fertilization (IVF) with preimplantation genetic testing (PGT) also known as embryo testing, family history concerns, personal diagnosis concerns, maternal age, and testing in pregnancy could be discussed.

If someone is seeing a genetic counselor in pregnancy, then it may be to discuss genetic testing options such as amniocentesis or blood testing for chromosomal conditions.

Just because someone sees a genetic counselor, it does not mean they have to do genetic testing. Rather, it is to discuss whether genetic testing is right for them.